

March 2009  
Volume 7: Number 3



## Missouri Valley Adult Education Association

Tom Hall  
North Dakota Representative to  
Missouri Valley Adult Education Association (MVAEA)

Missouri Valley Adult Education  
Association  
2009 Conference  
June 3-5  
Kansas City, MO.

<http://www.mvaea.com/calendar.html>

|        |  |
|--------|--|
| Hotel  | Westin Crown Center<br>1 East Pershing Road<br>Kansas City, MO   |
| Rates: | \$125.00/night<br>Tell the reservation clerk you are<br>registering for the Missouri<br>Valley Adult Education<br>Association's Conference |
| Theme  | All Star Students and Educators:<br>Achieving Your Personal Best   |

### Looking Ahead:

- The **2010** MVAEA Conference is scheduled to take place June 15-17 in Wichita, Kansas
- The **2011** MVAEA Conference is scheduled to take place April 13-15 in **Fargo, North Dakota**

To join MVAEA (\$35/year) go to:  
<http://www.mvaea.com/calendar.html>

**Conference Link:**  
<http://www.maacce.org/conference.php>

## NDALL Awards

**Have you observed an outstanding person who you feel deserves of an award for his/her exemplary service to Adult Education, After School Program, and/or Evenstart?**

Awards nominations are due by May 15, 2009. Awards will be given out at the Awards Luncheon at Fall Conference.

Note that the award for Student of the Year is only for Adult Education.

The Award Committee also has a rotation. Please see when your center or group is in the rotation!

### Groupings for NDALL Award Nominations 2008-2009

Four-year rotation groupings for nominations for the 5 awards: Educator of the Year, Exemplary Adult Student, Outstanding Leadership/Service, Lifelong Learning and Newcomer of the Year. The deadline for nominations is May 15, 2009.

Members of each group are responsible to submit nominations for their program awards—Even Start, 21st Century and Adult Education. Nominations from other Centers are welcome and encouraged.

A copy of the nomination form and the groupings can be found on page 4 and 5 of this newsletter and can also be found on the website at:

<http://www.ndlifelonglearningresourcecenter.com/NDALL/Awards.htm>

## INTRODUCTION TO FLAT STANLEY

**Laurel Kaae/Rosie Carle**

Stanley Lambchops is a normal healthy boy. Then, one day a bulletin board falls on him and he becomes flat.

Stanley could go in and out of rooms, even when the door was closed! He was only half an inch thick and could slide in underneath the door!

Stanley was very polite to his family and others.

Stanley was third from the top of his class at school.

Stanley made a round trip to California to visit friends. He traveled via an envelope. He was so flat he could slide into an envelope and this saved airfare!

Does Stanley have fun? Yes, he does. Read the book *Flat Stanley* by Jeff Brown to get “the rest of the story”.

### Activities to Use with Flat Stanley

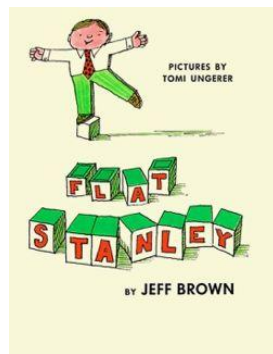
Flat Stanley has been used in many classrooms, and has expanded to older people and different groups as well. Flat Stanley is being used with Senior Citizens, Police, and many more groups.

Here are some links to Flat Stanley Activities:

<http://www.flatstanley.com/>  
<http://www.vrml.k12.la.us/smbodin/stanley/stanley.htm>  
<http://www.marci-as-lesson-links.com/FlatStanley2.html>  
<http://webtech.kennesaw.edu/reading/flatstanley.htm>  
[http://www.mce.k12tn.net/reading38/flat\\_stanley.htm](http://www.mce.k12tn.net/reading38/flat_stanley.htm)  
[http://edhelper.com/books/Flat\\_St Stanley.htm](http://edhelper.com/books/Flat_St Stanley.htm)  
<http://www.kid-at-art.com/htdoc/lesson71.html>  
<http://www.lovetoteach.net/Flat%20Stanley%20activities.htm>  
[http://www.pleasanton.k12.ca.us/valley\\_view/second/wolfe/stanley.html](http://www.pleasanton.k12.ca.us/valley_view/second/wolfe/stanley.html)  
[http://www.proteacher.org/c/334\\_Flat\\_St Stanley\\_Project.html](http://www.proteacher.org/c/334_Flat_St Stanley_Project.html)  
<http://www.flatstanley.com/hints.htm>  
<http://www.flatstanleyproject.com/>  
<http://www.kid-at-art.com/htdoc/lesson71.html>  
[http://techtraining.dpsk12.org/ILT/FlatStanley/FS\\_activities.htm](http://techtraining.dpsk12.org/ILT/FlatStanley/FS_activities.htm)

**Don't be surprised if Flat Stanley visits you to share and receive ideas!!**

How many schools use Flat Stanley as a project with your students? If you do, please email (ndall2007@gmail.com) some ways you use him to share in this newsletter!!

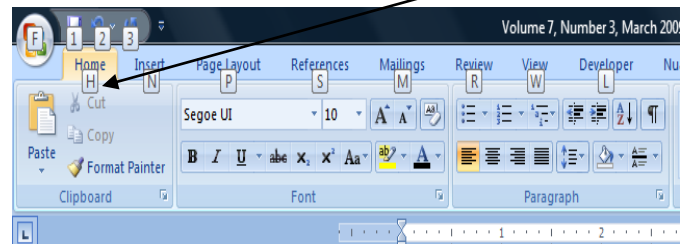


## May I Have a Word With You? Using the Keyboard ALT

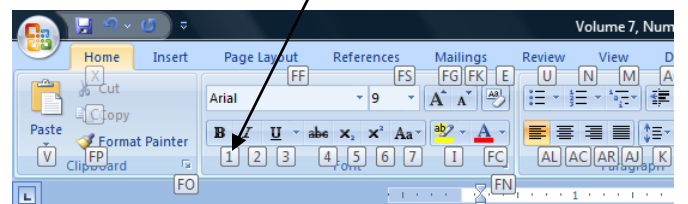
Access keys provide a way to quickly use a command by pressing a few keys, no matter where you are in the program. To use an access key:

1. Press ALT.

The Key Tips are displayed over each feature that is available in the current view.. Here is the H for Home.



2. Press the letter shown in the Key Tip over the feature that you want to use.
3. Depending on which letter you press, you may be shown additional Key Tips. For example, if the **Home** tab is active and you press H, the **home** tab is displayed, along with the Key Tips for the groups on that tab. Bold is 1, Italics is 2, Underline is 3, etc.



4. Continue pressing letters until you press the letter of the command or control that you want to use. In some cases, you must first press the letter of the group that contains the command.

**NOTE** To cancel the action that you are taking and hide the KeyTips, press ALT.

Dolch List

<http://www.mrsperkins.com/>

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### USA Learns

The new [U.S.A. Learns Web site](http://www.usalearns.org) is being accessed by about 400,000 people, more than 80 percent of them in the United States. The site provides adults with low levels of English proficiency with easily accessible and free English language training. Population data suggest that adults using the Web site to learn English include large numbers of Hispanic immigrants. Early information indicates that for First English courses the average mastery level for all quizzes was 80 percent on the first try. The average mastery level was 77 percent in the Second English course.

[www.usalearns.org](http://www.usalearns.org)

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### Bad Credit Hotel

<http://www.controlyourcredit.gov>

This site makes learning about credit fun with an interactive game set in the spooky "Bad Credit Hotel." The goal is to get to Room 850, representing a perfect credit score. You can also simply view the information in standard website format. Either way, you'll find out how to manage your current debt (including a handy budget calculator), what you need to know about your credit history and credit score, and why having good credit is beneficial.

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### Great Recipes

Want a place to find excellent recipes? Go to: <http://www.theprairiestar.com/recipes/>

Did you know that barley is very good for you? For Barley recipes:

<http://www.barleyfoods.org/recipes.html>

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### Color test....

Submitted by Julie Treib, Williston

These are the things we're supposed to do to remove the cholesterol around our brain & try to slow up Alzheimer. It only took me 2 times before I could finally tell this brain of mine to concentrate on the color & not what it said. A great test- do it until you get 100%!

**Bet you can't get 100% on the first try! But I'm j rootin' for ya.**

**This is pretty neat! See how you do with the colors! Have fun!**

**It takes an average of 5 tries to get to 100%. Follow the directions!**

**It's harder than it seems, as it should be!**

**A brain wake r-upper for today!**

<http://www.humorsphere.com/fun/8787/colortest.swf>

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### Performing in a Play!

One of our CCLC people from Williston participated and shared his talent in Entertainment Inc. Dave Richter played the part of Bastian Andre' in the play "Is He Dead Yet?" He did a great job and his comment after the play was "This is a great way to teach reading and practice memorization!"

### Peanut Allergy Article

Many people are allergic to peanuts. This is an interesting article about a peanut sniffing dog.

[http://www.gazette.com/articles/dog\\_48213\\_\\_article.html/peanut\\_life.html](http://www.gazette.com/articles/dog_48213__article.html/peanut_life.html)

### After School Math

Great website for the afterschool instructors!!! This website gives a summary, variations for the games, activity descriptions, materials needed, prep time, video to watch how the games are played, and much more!

<http://www.afterschoolmath.org/index.html>

## Official GED Test – Spanish Version

Information from: [Jayne.Schultz@hmhpub.com](mailto:Jayne.Schultz@hmhpub.com)

There have been some questions regarding the timing of the English version of the GED tests and the Spanish version of the GED tests.

The Spanish GED practice tests and the Spanish GED books from Steck-Vaughn have the timing information which gives a bit more time than the English version.

Jayne Schultz, the Steck-Vaughn consultant for our area, has sent some information regarding the timing:

The practice test information is correct. The GED Testing Service verifies the information on the practice tests which correlates with the Official GED Test. Prior to my current position with Steck-Vaughn, I was Director of an Adult Basic Education Consortium in the metro Minneapolis/St. Paul, MN area for 8 years and taught GED for 10 years. I had quite a few students who took the Spanish Version of the Official GED Practice Test and they are allotted more time on all tests but the essay.

Following is the time allotted for administering the OFFICIAL GED TEST.

| Test  | Spanish    |
|---|------------|
| <b>English</b>                              |            |
| Language Arts, Writing Part I<br>75 Minutes | 80 Minutes |
| Language Arts, Part II ESSAY<br>45 Minutes  | 45 Minutes |
| Language Arts, Reading<br>65 Minutes        | 70 Minutes |
| Social Studies<br>70 Minutes                | 75 Minutes |
| Science<br>80 Minutes                       | 85 Minutes |
| Mathematics, Part I<br>45 Minutes           | 50 Minutes |
| Mathematics, Part II<br>45 Minutes          | 50 Minutes |

## GED on FACEBOOK

The Official GED Testing site now has a Facebook group. This is located at:

<http://www.facebook.com/group.php?gid=46193757671>

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### New 2012 GED Test Series Comparison to the 2002 Series

If you want to see the comparison of the current series to the 2012 series:

[http://www.acenet.edu/Content/NavigationMenu/ged/test/2012\\_testtaker\\_info.htm](http://www.acenet.edu/Content/NavigationMenu/ged/test/2012_testtaker_info.htm)

Math:

The official calculator needed for the new 2012 tests will be the: Casio FX-300ES



The 2012 Series will be administered in one test book (as opposed to two as in the 2002 Series), and calculator use will be allowed throughout the test.

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10,000 Hours

In the book *Outliers: The Story of Success* Malcolm Gladwell talks about the number of hours to achieve true success. He quotes the neurologist, Daniel Levitin: "Ten-thousand hours of practice is required to achieve the level of mastery associated with being a world-class expert – in anything."

To achieve pure mastery it appears that the brain needs that many hours to assimilate knowledge.

Ten thousand hours takes about 10 years.



Huge Snowman in  
Williston, ND

## **Award Nomination Criteria Checklist**

Please use the following checklist in writing your nomination narrative. Be sure to address each item in the award criteria for your nominee when composing your narrative. Limit yourself to one page, single or double-spaced. The nominee should not have previously received the award. (A picture of an old school house may be submitted, but is not required, to be used for the award should your nominee be selected. A photo of your school may be submitted instead, if you wish, and is also not required.)

### **EDUCATOR OF THE YEAR**

- \_\_\_\_\_ Is a staff member, teacher, administrator or volunteer who is a member of NDALL. Individual must be in adult education, 21<sup>st</sup> Century or Even Start
- \_\_\_\_\_ Continues significantly to the field of education
- \_\_\_\_\_ Models professionalism
- \_\_\_\_\_ Contributes to upgrade educational skills
- \_\_\_\_\_ Promotes education locally and statewide

### **EXEMPLARY ADULT STUDENT AWARD**

- \_\_\_\_\_ Current or recent adult student/graduate
- \_\_\_\_\_ Demonstrates determination and perseverance
- \_\_\_\_\_ Sacrifices to achieve his/her educational goals(s)

### **OUTSTANDING LEADERSHIP/SERVICE AWARD**

- \_\_\_\_\_ Is an NDALL member who demonstrates exceptional leadership in his/her area of responsibility

### **LIFELONG LEARNING AWARD**

- \_\_\_\_\_ A business, business person, school administrator, legislator or community group
- \_\_\_\_\_ Exemplifies and supports the NDALL mission of supporting lifelong learning
- \_\_\_\_\_ Encourages others

**NEWCOMER OF THE YEAR**

\_\_\_\_\_ NDALL member who has been in your program less than three years

\_\_\_\_\_ Exhibits enthusiasm and energy

\_\_\_\_\_ Contributes a great amount in a short time

**Groupings for NDALL Award Nominations  
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| <b>Group 1: 2008-2009</b>  | <b>Group 2: 2009-2010</b>   | <b>Group 3: 2010-2011</b>   | <b>Group 4: 2011-2012</b>  |
|--|---|---|--|
| Great NW ED. Coop<br>Bismarck ALC<br>NDSP Adult Ed Program<br>NDYCC Adult Ed Program<br>Mid-Dakota ED. Coop<br>Dickinson ALC | Missouri River Ed Coop<br>Minot ALC<br>North Central Ed. Coop<br>Williston ALC<br>New Town Adult Ed<br>Belcourt ALC | NE Services Coop<br>Grand Forks ALC<br>Mayville Adult Ed<br>Roughrider Ed. Service<br>Program<br>Grafton Adult Ed<br>Devils Lake ALC<br>Fort Totten Adult Ed. | SE Ed. Coop<br>West Fargo Adult Ed<br>Red River Valley Ed. Coop<br>Fargo ALC<br>Jamestown ALC<br>Valley City ALC<br>Wahpeton ALC |